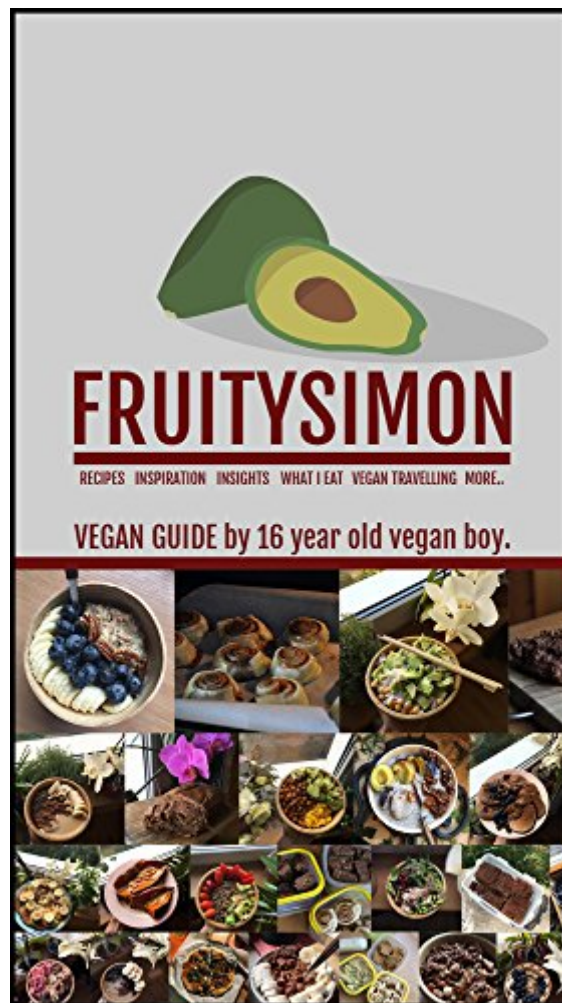


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# Fruitysimon Ebook - 100+ Easy Vegan Recipes, Tips And Insights From A 16 Y.o. Vegan-boy (Wholefoods Plantbased Diet Guide): Vegan Recipes And Guide By 16 Y.o. Vegan-boy





## Synopsis

Vegan ebook full of recipes, tips and insights from the perspective of 16 y.o. vegan-boy. Get all the informations about ebook here: [fruitysimonblog.wordpress.com](http://fruitysimonblog.wordpress.com) The ebook is featuring:- over 100 of my favorite recipes- my food staples- 7 reason's why I'm vegan- my own personal story- how I became vegan- what I eat in a day- useful resources- 150 pages full of pictures and illustrations- 83 gluten-free recipes- all recipes featuring badges for better recognition Some of you might know me from my instagram where I daily share my favorite vegan food: [instagram.com/fruitysimon](https://www.instagram.com/fruitysimon) WHAT OTHERS HAVE TO SAY ABOUT THE EBOOK? I'm 32 years old and have been vegan for a couple of years now. Just by scrolling through your e-book I've already learned new things and have gotten so much inspiration! Anna from Sweden (reddit: r/vegan) One of my most favorite instagram accounts. Can't wait to recreate all the yummy food. So happy to support this and share it with my friends! btw tried the banana bread and choc-chip cookies and it's absolutely bomb! Next to do is Carrot cake, wish me luck! Sarah (instagram)

## Book Information

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## Customer Reviews

I am amazed - it's the only way possible to start off this review. This cookbook is delightful. It is full of beautiful pictures with vivid, bright colors and the recipes are varied, delicious sounding and

healthy. They are recipes that make you want to jump right into the Vegan lifestyle with both feet, because they sound so good. The vegan "lifestyle" is backed up by research as well as personal choice and responsibility. The writing is well done, fun and light, as a cookbook should be. I would give this cookbook 5 stars no matter what. So, know what makes me absolutely amazed? It was written by a 16 year old boy. That's what amazes me - his dedication, research, love of the Vegan lifestyle .... so very apparent page after page after page. This kid will go far and YOU don't want to miss out on this cookbook! It's a piece of art!

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